



## Life Activities Club Knox : Activity Calendar : August 2017

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				1	10am Water Aerobics 7.30pm Cards - Canasta	2	2pm Armchair Travel	3	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	4	11am Social Games	5	
6	2pm Painting	7	<b>5pm Newsletter submission deadline</b>	8	10am Water Aerobics 11am Men's Coffee & Chat	9	Garden Visits	10	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	11	9.30am Friday Walkers	12	3.30pm Cinema
13	<b>12 noon 30<sup>th</sup> Birthday Lunch</b>	14		15	10am Water Aerobics	16	12noon Chinwaggers	17	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500 <b>7.30pm Committee Meeting</b>	18	10.15am Street Orienteering Walkers	19	
20	9.30am Sunday Walkers 4pm Live Theatre	21		22	10am Water Aerobics 7.30pm Cards - Bolivia	23		24	8.30am Bush Walkers 10am Cuppa & Craft 2pm Badminton 2pm BWPS 7pm Cards - 500	25	9.30am Friday Walkers 2pm Organ	26	
27		28	<b>2pm Annual General Meeting</b>	29	10am Water Aerobics	30		31	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500				



## Life Activities Club Knox : Activity Calendar : September 2017

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1	11am Social Games	2	
3	2pm Painting	4	Garden Visits	5	10am Water Aerobics 7.30pm Cards - Canasta	6	2pm Armchair Travel	7	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	8	9.30am Friday Walkers	9	3.30pm Cinema
10		11		12	10am Water Aerobics 11am Men's Coffee & Chat	13		14	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	15		16	
17	9.30am Sunday Walkers	18		19	10am Water Aerobics	20	12noon Chinwaggers	21	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	22	9.30am Friday Walkers 2pm Organ	23	
24		25		26	10am Water Aerobics 7.30pm Cards - Bolivia	27		28	8.30am Bush Walkers 10am Cuppa & Craft 2pm Badminton 7pm Cards - 500	29	10.15am Street Orienteering Walkers 9am Social Outings	30	



## Life Activities Club Knox : Activity Calendar : October 2017

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	2pm Painting	2		3	10am Water Aerobics 7.30pm Cards - Canasta	4	2pm Armchair Travel	5	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	6	11am Social Games	7	
8		9		10	10am Water Aerobics 11am Men's Coffee & Chat	11	Garden Visits	12	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	13	9.30am Friday Walkers	14	3.30pm Cinema
15	9.30am Sunday Walkers	16		17	10am Water Aerobics	18	12noon Chinwaggers	19	8.30am Bush Walkers 2pm Badminton 7pm Cards - 500	20	10.15am Street Orienteering Walkers	21	
22		23		24	10am Water Aerobics 7.30pm Cards - Bolivia	25		26	8.30am Bush Walkers 10am Cuppa & Craft 2pm Badminton 2pm BWPS 7pm Cards - 500	27	9.30am Friday Walkers 2pm Organ	28	
29		30		31	10am Water Aerobics								



## Life Activities Club Knox : Activity Calendar : November 2017

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						1	2pm Armchair Travel	2	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500	3	11am Social Games	4	
5	2pm Painting	6	5pm Newsletter submission deadline	7	10am Water Aerobics	8	Garden Visits	9	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500	10	9.30am Friday Walkers	11	3.30pm Cinema
12		13		14	10am Water Aerobics 11am Men's Coffee & Chat	15	12noon Chinwaggers 7.30pm Live Theatre	16	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500	17		18	
19	9.30am Sunday Walkers	20	Extended Holiday to South Australia (20 – 24 Nov)	21	10am Water Aerobics	22		23	8.30am Bush Walkers 10am Cuppa & Craft 2pm Badminton 2pm BWPS 7pm Cards – 500 7.30pm Committee Meeting	24	9.30am Friday Walkers 2pm Organ	25	
26		27	7.30pm Quarterly General Meeting	28	10am Water Aerobics 7.30pm Cards - Bolivia	29		30	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500				



## Life Activities Club Knox : Activity Calendar : December 2017

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										1	11am Social Games	2	
3	2pm Painting	4		5	10am Water Aerobics 7.30pm Cards - Canasta	6	2pm Armchair Travel	7	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500	8	9.30am Friday Walkers	9	3.30pm Cinema
10	<b>12 noon Christmas Lunch</b>	11		12	10am Water Aerobics 11am Men's Coffee & Chat	13	Garden Visits	14	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500	15	10.15am Street Orienteering Walkers	16	
17	9.30am Sunday Walkers	18		19	10am Water Aerobics	20	12noon Chinwaggers	21	8.30am Bush Walkers 2pm Badminton 7pm Cards – 500	22	9.30am Friday Walkers 2pm Organ	23	
24		25	<b>Merry Christmas !</b>	26	10am Water Aerobics 7.30pm Cards - Bolivia	27		28	8.30am Bush Walkers 10am Cuppa & Craft 2pm Badminton 7pm Cards – 500	29		30	
31													

*Please check with the Activity Group Convenor to find out if the activity is happening over the holiday period*